

What is CRU Sports?

CRU Sports is a week-long residential sports camp with specialist sports coaching and team competitions for young people who are serious about sport and play regularly for school, club or a team.

CRU Sports is the perfect way to improve your sport, while exploring more about the Christian faith and what it means to be a Christian sports player.

Six reasons why young people come to CRU Sports

1

Quality coaching

With three hours of quality sports coaching each day, every young person will grow in their confidence, performance and enjoyment in their chosen sports.

2

Amazing facilities

The sporting facilities at The King's School rival most professional sporting clubs. As well as access to ovals, tennis courts, cricket nets and an indoor sports hall, we also have exclusive use of a King's boarding house. Accommodation is in twin rooms with pool tables, comfortable lounge areas, a fire pit and lots of yummy food!

3

Passionate leaders

Our Leaders team is experienced and passionate about ensuring young people have a fantastic week away. All are current sports players or coaches, with a vibrant personal faith in Jesus. All leaders are subject to WWCC and are double vaccinated.

4

A supportive environment

As well as LOTS of sport, our timetable is packed with activities, games, quizzes, challenges, and entertainment. Young people compete in small teams across the week, with leaders helping to create a supportive, encouraging environment to facilitate friendship and camaraderie.



5

An engaging spiritual program

CRU Sports is a great place to explore some of the big questions of life, and how Jesus Christ answers them. Young people from all-and-no faith backgrounds are welcome to come and explore the Christian faith.

6

Friendship

We know many friendships formed on CRU Sports will last long after camp ends, but we also encourage young people to invite a friend along with them. We do all we can to ensure they are able to room together, and/or be in the same team across the week.

