

## **CRU Sport**

This camp is designed for the sport-loving sport-nut! It's for children in years 4–6 who would play sport all day if they could... and on CRU Sports, they can! Our team of leaders is passionate about Jesus and sport, and will be working hard ensure each young person has a fantastic four nights away. Here is a bit of an idea about what a normal day on CRU Sports looks like:

Each day starts with a morning jog. After breakfast and our morning meeting (a chance to think about how sport and faith interact) we move into a full morning of sport. Young people sign up for two different sports (e.g. cricket in the first session, and soccer in the second), and have a chance to hone their skills in their preferred sports with passionate coaches, or try something new!

After lunch there is time in our teams (groups of 4-6 young people, with their leaders) to look at a passage of the bible, be able to ask questions and think more deeply (in an age-appropriate way) about the person of Jesus. No knowledge is required – just an open mind and a willingness to engage!

Then comes Team Challenge, our camp wide sports competition which happens every afternoon. We play lots of small games in our teams. The competition is intense and a lot of fun! On the final day, parents are encouraged to come and spectate the final Team Challenge before taking their children home, and this is always a great end to the week!

Young people are then given some down-time before a yummy dinner. This might be a good time of the day for them to phone home and touch base with mum and dad, especially if they are away from home for the first time. The camp director will facilitate this if required.

The evening meeting comes next, including some singing, games and a short bible talk. Then there is some evening entertainment before heading back to the boarding house and into bed, so that everyone gets good rest before another full day of sport!

## Note for parents:

For some parents this might be the first time your child has been away from home for four nights. Our team of leaders is conscious of this, and will work hard to create a supportive and caring environment for children to have a really positive first experience of residential camps. Supportive leaders, a fun and friendly atmosphere, the fantastic Kings' accommodation (e.g. all young people share a twin room with someone of the same age) and plenty of time for rest across the week will go a long way to making this a brilliant first time away from home!

